

vida+ viva

ASSOCIAÇÃO ANIMAM VIVENTEM

NAME: Animam Viventem NGO

LOCALIZATION: Cascais, Portugal

AXES OF ACTION: +Youth, +55, +Sport, +Personal Development, +Professional Development, + Sustainable Development

BRIEF DESCRIPTION OF THE ORGANIZATION:

Animam Viventem aims to promote the wellbeing of the population intervening at psychosocial and educational levels. Our work is structured in 6 different departments:

+55 - In order to improve the quality of life of people over the age of 55, we create local and European actions and projects aimed at promoting and raising awareness of the importance of active aging, the social value of the elderly and the need to combat loneliness.

+YOUTH - Creating life changing opportunities for every young person, working with them to build resilience, promote inclusion and ultimately empowering them.

+SPORT - Promoting a cross sectoral perspective of physical activity and sport, we focus our activity in two aspects: Creating awareness for the development of healthy lifestyles and its benefits; Development of innovative approaches, looking at sport and physical activity as a tool that, together with non-formal education methodology, makes possible to create programs for personal and social development, education and social inclusion, among others.

+PERSONAL DEVELOPMENT - We aim to promote the well-being of the person through the prevention, protection and promotion of mental health and through their personal development.

+ PROFESSIONAL DEVELOPMENT - We offer non-formal and informal learning opportunities for the educational and professional development of youth workers, professionals in the education sector, and those in the social sector.

+SUSTAINABLE DEVELOPMENT - We create and promote educational experiences to build knowledge, values, attitudes and skills in the community, aiming to adopting a more sustainable way of life.

Animam Viventem holds an accreditation for European Solidarity Corps Quality Label and for Learning Mobility of Individuals in Adult Education as Consortium Coordinator.

WEBSITE: <http://www.vidamaisviva.com/>

AVAILABILITY TO RECEIVE:

- JOB-SHADOWING FOR ADULT EDUCATION STAFF - _____

- MOBILITY OF ADULT LEARNERS GROUPS (To participate in regular or exceptional activities with your users) - _____

TRAINING COURSES TO BE ADMINISTERED:

- EUROPEAN TRAINING COURSE (In English) – Theme:
 - “LXD Adventure – Learning Experience Design in our daily work”
 - “Be the change – sustainability in our work and organizations”
 - “Unlock! Creativity unleashed.”